

MONTHLY PAYMENT PLAN

(10 equal monthly payments)

Class

Team Up \$47

Pre-School \$53

1 day per week, 1 hour class

Boys & Girls \$53

1 day per week, 1 1/2 hour class

Girls \$79

2 days per week, 1 hour class

Boys & Girls \$89

2 days per week, 1 hour & 1 1/2 class

Boys & Girls \$112

2 days per week, 1 1/2 hour class

Girls \$134

Family Discounts: If all children are registered prior to November 1, 2010, the following discounts will apply. The first child will pay regular tuition for all ten months. The second child enrolled will receive the month of June for free. If a third child is enrolled, they will receive the month of June for free and May's tuition will be 1/2 the regular amount. If a fourth child is enrolled, he or she will receive the months of May and June for free.

TEAM UP

Team Up is a once a week open gym time for children ages 18 months to 3 years old accompanied by an adult. With the direction of our instructors, it is designed to increase your child's attention and awareness as well as developing coordination, balance & body control. Only one child may attend with one adult.

Monday 10:00 - 10:50
Wednesday 10:00 - 10:50
Thursday 10:00 - 10:50
Saturday 9:00 - 9:50

BOYS & GIRLS PRE-SCHOOL

The Pre-School classes are designed to allow each child the opportunity to become familiar with all the gymnastics equipment, while developing strength, balance and coordination. Each child has his/her own pre-school chart. These classes are for children ages 3 years to Pre-K. All children must be out of diapers.

Monday 11:00 - 12:00
12:00 - 1:00
1:00 - 2:00
3:30 - 4:30
4:30 - 5:30
Tuesday 10:00 - 11:00
11:00 - 12:00
3:30 - 4:30
4:30 - 5:30
5:30 - 6:30
Wednesday 11:00 - 12:00
1:00 - 2:00
3:30 - 4:30
4:30 - 5:30
Thursday 11:00 - 12:00
12:00 - 1:00
3:30 - 4:30
4:30 - 5:30
5:30 - 6:30
Friday 4:30 - 5:30
Saturday 10:00 - 11:00
11:00 - 12:00

Greater Buffalo Gymnastics & Fitness Center

**1641 North French Road
Getzville, New York 14068
(716) 639-0020 Fax 625-1120
www.buffalogymcenter.com**

BOYS BEGINNER

Beginner classes are designed for children who have limited or no previous experience in gymnastics. Classes will be structured to include all the Olympic events, trampoline and additional training aids. Each child has his own Beginner skill chart. Children will be grouped by age and experience. Beginner boys may register for one or more of the following one-hour classes per week.

Monday 3:30 - 4:30
5:30 - 6:30
Tuesday 3:30 - 4:30
4:30 - 5:30
Wednesday 4:30 - 5:30
Thursday 3:30 - 4:30
Friday 4:30 - 5:30
Saturday 10:00 - 11:00
11:00 - 12:00

BOYS ADVANCED BEGINNER

Children in this level have successfully completed the Beginner skill chart and are able to advance to more challenging skills on the Olympic events, stressing technique and execution. Each child will have his own Advanced Beginner chart. This level may be used as a step up to the competitive team program. Children in this class must have been recommended to this level following the 09-10 season or evaluated by a GBGC instructor. Advanced Beginner Boys may register for one or more of the following classes per week.

Monday 4:30 - 5:30
Tuesday 5:30 - 6:30
Wednesday 5:30 - 6:30
Saturday 11:00 - 12:30

GIRLS BEGINNER

Beginner classes are for children who have limited or no previous experience in gymnastics. Classes will be structured to include all the Olympic events, trampoline and additional training aids. Each child has her own Beginner skill chart. Children will be grouped by age and experience. Beginner girls may register for one or more of the following one-hour classes per week.

Monday	3:30 - 4:30 4:30 - 5:30 5:30 - 6:30
Tuesday	3:30 - 4:30 4:30 - 5:30 5:30 - 6:30
Wednesday	3:30 - 4:30 4:30 - 5:30 5:30 - 6:30
Thursday	3:30 - 4:30 4:30 - 5:30
Friday	4:30 - 5:30
Saturday	10:00 - 11:00 11:00 - 12:00



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GIRLS BEGINNER / ADV. BEGINNER

Girls Beginner / Advanced Beginner classes are for girls who have varied skill levels on different events. This class allows each girl to work at her own skill level on each piece of apparatus, until she has completed the Beginner skill chart. Children in this class must have been recommended to this level following the 09-10 season or evaluated by a GBGC instructor. Beg/Adv Beginner girls may register for one or more of the following 1 or 1 1/2 hour classes per week.

Monday	3:30 - 4:30 5:30 - 6:30
Tuesday	3:30 - 4:30 4:30 - 5:30
Wednesday	3:30 - 4:30 4:30 - 5:30
Thursday	3:30 - 4:30 4:30 - 5:30
Friday	4:30 - 5:30
Saturday	10:00 - 11:00 11:00 - 12:30 (1 1/2 hour)

GIRLS ADVANCED BEGINNER

Children in this level have successfully completed the Beginner skill chart and are able to advance to more challenging skills on the Olympic events, stressing technique and execution. Each child will have her own Advanced Beginner chart.

Monday	4:30 - 6:00
Wednesday	4:30 - 6:00
Thursday	4:30 - 6:00 5:30 - 7:00
Friday	4:30 - 6:00
Saturday	10:00 - 11:30

GIRLS INTERMEDIATE

This level is for gymnasts who have successfully completed the Advanced Beginner chart and are ready to challenge themselves with a higher level, including USAG competitive skills. This level concentrates on technique, strength, execution and flexibility while working on the Intermediate skill chart. It may be used as a step up to the competitive team program. Girls in this class must have been recommended to this level following the 09-10 season or evaluated by a GBGC instructor. Intermediate girls may register for one or more of the following 1 1/2 hour classes per week.

Monday	4:00 - 5:30 5:30 - 7:00
Wednesday	5:30 - 7:00
Friday	4:30 - 6:00
Saturday	11:00 - 12:30

CHEER TUMBLE

These classes emphasize tumbling, body form, and presentation. Students utilize the floor, trampoline, tumble track and other training aids to obtain and master their tumbling skills. Classes are divided by age and ability to do a standing back handspring with or without assistance. Weekday classes will be added as needed.

Saturday	10:00 - 11:00 (5-8 yrs old, assisted)
Saturday	11:00 - 12:00 (5-8 yrs old, unassisted)
Saturday	12:00 - 1:00 (9+ yrs old, assisted)
Saturday	1:00 - 2:00 (9+ yrs old, unassisted)